# EMERGENCY FIRST AID AT WORK

## **COURSE CONTENT**

#### AIM

To enable delegates to attain the knowledge and practical competencies needed to deal with a range of emergency first aid situations.

#### **Pre-Requisite**

Delegates must be able to perform practical tasks at floor level.

Course Duration 1 day.

Maximum Number 10 persons.

#### **Training Aids**

Reference materials, PowerPoint presentation and practical exercises.

#### Assessment

Practical and theory

#### Certification

On successful completion of the course candidates will receive a Qualsafe certificate.

This qualification is valid for a period of 3 years. The delegate must retake the qualification before the certificate expiry date to remain qualified

#### **Additional Information**

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore, if you have any concerns or wish to make a comment about the service please contact: info@NETA.co.uk

## **COURSE OBJECTIVES**

On successful completion of this course, delegates will:

- Understand the role and responsibilities of a first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid to an unresponsive casualty
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is suffering from shock
- Know how to provide first aid to a casualty with minor injuries



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### **COURSE SYLLABUS**

- Identification of the roles and responsibilities of a first aider
- Minimising the risk of infection
- Identifying the need to gain consent
- Conducting a scene survey/primary scene survey/summoning assistance
- Cardiopulmonary Resuscitation (CPR)/recovery position
- Administering first aid for choking
- Control of bleeding
- Shock and how to administer first aid to a casualty who is suffering from it
- Reporting and Recording
- Course Summary

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