

FIRST AID AT WORK

AIM

To enable delegates to attain the knowledge and practical competencies needed to deal with a range of first aid situations. This course will enable delegates to be workplace first aiders under the Health and Safety (First Aid) Regulations 1981.

Pre-Requirement

Delegates must be able to perform practical tasks at floor level.

Course Duration

3 days.

Maximum Number

10 persons.

Training Aids

Lecture notes, audio-visual presentation, demonstrations and practice.

Assessment

Practical and theory

Certification

On successful completion of the course candidates will receive a Quasafe certificate.

This qualification is valid for a period of 3 years. The delegate must retake the qualification before the certificate expiry date to remain qualified

Additional Information

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore, if you have any concerns or wish to make a comment about the service please contact: info@NETA.co.uk

COURSE OBJECTIVES

On successful completion of this course, delegates will:

Unit 1 – Emergency First Aid in the Workplace

- Understand the role and responsibilities of a first aider
- Be able to assess an emergency situation safely
- Be able to provide first aid to an unresponsive casualty
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is suffering from shock
- Know how to provide first aid to a casualty with minor injuries

COURSE OBJECTIVES cont..

Unit 2 - Recognition and Management of Illness and Injury in the Workplace

- Be able to conduct a secondary survey
- Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints
- Be able to provide first aid to a casualty with suspected head and spinal injuries
- Know how to provide first aid to a casualty with suspected chest injuries
- Know how to provide first aid to a casualty with burns and scalds
- Know how to provide first aid to a casualty with an eye injury
- Know how to provide first aid to a casualty with suspected poisoning
- Be able to provide first aid to a casualty with anaphylaxis
- Know how to provide first aid to a casualty with suspected major illness

COURSE SYLLABUS

- Identification of the roles and responsibilities of a first aider
- Minimising the risk of infection
- Identifying the need to gain consent
- Conducting a scene survey/primary scene survey/summoning assistance
- Cardiopulmonary Resuscitation (CPR)/recovery position
- Administering first aid for choking
- Control of bleeding
- Shock and how to administer first aid to a casualty who is suffering from it
- Reporting and Recording
- Identify the information to be collected when gathering a casualty history
- Demonstrate how to conduct a head to toe survey
- Recognise and identify how to administer first aid for a casualty with a suspected:
 - Fracture or dislocation
 - Sprain or strain
- Demonstrate how to apply:
 - A support sling
 - An elevated sling
- Recognise and identify how to administer first aid for a casualty with a suspected:
 - Head injury
 - Spinal injury
- Identify how to administer first aid for suspected:
 - Fractured ribs
 - Penetrating chest injury
- Recognise and Identify how administer first aid for burns
- Identify how poisonous substances can enter the body and how to administer first aid
- Recognise and identify how to administer first aid for a casualty with suspected anaphylaxis
- Demonstrate the use of a 'training device' adrenaline auto-injector
- Recognise and identify how to administer first aid to a casualty suffering from suspected:
 - Heart Attack
 - Stroke
 - Epileptic seizure
 - Asthma attack
 - Diabetic hypoglycaemic emergency
- Course Summary

Course Ref: CPH39
CSM: 12/22