

# ECITB CONFINED SPACES (MEDIUM RISK)

## Aim

This course will support learners in being aware of Hazard, Risk, Controls, safe working practices in a medium risk confined space environment in line with Engineering Construction Industry Training Board ECITB and Health and Safety Executive (HSE) requirements.

# **Pre-Requisite**

Delegates must be physically fit and have a basic understanding of health and safety. Those delegates undertaking breathing apparatus demonstrations must be clean shaven and have harness awareness.

## **Personal Protective Equipment**

Delegates will also need to bring their own PPE (Personal Protective Equipment) which should include safety helmet, overalls, work gloves, safety glasses and safety boots.

# **Course Duration**

2 days and will involve some physical exercise.

#### **Maximum Number**

8 persons.

# **Training Aids**

Lecture notes and audio-visual presentation.

#### Assessment

Practical exercise and multi-choice assessment.

### Certification

On successful completion of the course delegates will receive an ECITB Confined Space Medium Risk Technical Standard Certificate

This course meets the statutory requirements of the Health & Safety Executive.

## **Additional Information**

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore, if you have any concerns or wish to make a comment about the service please contact: <a href="mailto:info@NETA.co.uk">info@NETA.co.uk</a>



## **COURSE OBJECTIVES**

By the end of the sessions the delegate will:

- Have knowledge of legal requirements.
- Be able to identify a confined space
- Prepare to enter and work safely in medium risk confined spaces including a Permit to work. follow correct procedures and work safely.
- Select correct equipment and appropriate PPE suitable to task.
- Enter and exit medium risk confined spaces safely, test atmosphere, carry out Practical tasks and maintain communications.
- Be aware of the Role and Responsibilities of Supervisor, Attendant, Entrants.
- Know the emergency/rescue plan, respond to Alarms deal with emergencies.
- Be familiar with and able to don Emergency Breathing Apparatus equipment and exit medium risk confined spaces safely.
- Report to the attendant/supervisor.
- Complete all practical tasks and put into practice when completing practical assessment.
- Complete final written assessment.

Course Ref: CPH37 CSM: 09/22