

# IOSH SAFETY, HEALTH AND ENVIRONMENT FOR CONSTRUCTION WORKERS (SHE)

### Aim

The IOSH SHE focuses on providing the knowledge and understanding of how to work safely onsite and highlights the benefits of working in a healthier and safer way. This training is aimed at anyone who works on or around a construction site or has cause to visit the site during their work. The course uses common sense approaches to develop personal responsibility and safe working practices. The IOSH SHE can be used as one of the entry elements for the CSCS card which will equip delegates with the knowledge and skills required to be eligible to apply for the Green Labourer card.

# **Pre-Requisite**

None

### **Course Duration**

1 day

# **Maximum Number**

16 delegates

### **Training Aids**

Lecture notes and audio-visual presentation.

### Assessment

Hazard spotting assessment and a multi choice test.

# Certification

On successful completion of the course delegates will receive an IOSH certificate

# **Additional Information**

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore, if you have any concerns or wish to make a comment about the service please contact: info@NETA.co.uk

# **COURSE OBJECTIVES**

By the end of the sessions the delegate have an understanding of:

- Health and safety issues to be managed in the construction industry to protect employees, contractors, neighbours and others
- The basics of local law
- The importance of risk assessments and method statements and the development process
- Site requirements for the welfare of construction workers on site
- Hazards and controls associated with construction sites and activities including working at height and confined spaces
- Site environmental management including management of waste and ecology



# **COURSE SYLLABUS**

- Carry out Risk Assessments and Method Statements
- Local law and enforcement
- Preparing for work
- General management of the site, workers and contractors including for example:
  - the importance of method statements
  - the use of permits to work.
- The importance of managing environmental aspects and impacts related to construction projects
- Principles underpinning effective construction design and management
- The key issues and control of working at height including for example:
  - plans and risk assessments
  - roofs and fragile surfaces
  - working platforms and ladders
  - management, use and stability of scaffolds
  - fall arrest and suspension equipment.
- Site requirements for the welfare of construction workers on site

Course Ref: CPH38 CSM: 10/22