



HARNESSES AWARENESS COURSE

COURSE CONTENT

AIM

To apply awareness to any staff required to use safety harnesses in suspension and work positioning tasks

Context

The safety harness forms the ergonomic link or interface between the human body and the attachment system. As such the harness is probably the most important item of a worker's PPE. Harnesses are category III PPE and designed to protect against imminent mortal danger, therefore the safe use, selection and inspection of harnesses and accessories is of paramount importance.

Pre-Requisite

Candidates shall be physically fit and free from any disability or medical condition that may prevent them from working safely.

Course Duration

Usually half a day but can be tailored to meet client needs.

Maximum Number

8 persons.

Training Aids

Lecture notes, audio / visual presentations and practical demonstrations.

Assessment

Practical assessment and oral examination

Certification

On successful completion of the course delegates will receive a NETA certificate of attendance.

Please Note: NETA certificates have an advised expiry of 3 years from date of issue.

Additional Information

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore if you have any concerns or wish to make a comment about the service please contact: info@NETA.co.uk

COURSE OBJECTIVES

On successful completion of the course delegates will have an understanding of:

- The current Work at Height Regulations.
- The assembly, fitting and checking of personal safety harness' by way of the following:

Webbing - Look for any cuts, burns or areas of severe abrasions. Check for any areas where the webbing has become brittle due to exposure to chemicals etc. check for any foreign bodies such as grit, cement, chemicals, paints and oil based substances.

Stitching - check for abrasions and unthreading of stitches.

Metal components / Karabiners/ Hooks - Check all metal components for cracks, dents and discoloration. Check karabiners to ensure that the locking system is functioning correctly and that the gate closes automatically when released, without catching.

Identifying Marks - The label on the inside of the harness and lanyard must bear the CE Mark. The serial number etc. must be in place and clearly legible.

Shock Absorber - Check if the lanyard has been used. Inspect the shock absorber very closely – if the webbing inside appears very loose or damaged in anyway **DO NOT USE**. If unsure as to whether the lanyard is suitable for use, seek a second opinion preferably from the manufacturer.

COURSE SYLLABUS

- Introduction
- Centre Safety and Domestic Arrangements
- Work at Height Regulations 2005 (WAHR)
- PPE Identification and Inspection

Course Ref: CPR05
CSM: 09/20