



# CONFINED SPACE ENTRY (AWARENESS / ESCAPE / USE OF BREATHING APPARATUS)

## COURSE CONTENT

### AIM

The aim of the course is to train delegates the correct and safe methods of Confined Space Entry including the use of breathing apparatus.

### Pre-Requisite

Delegates must be physically fit and have a basic understanding of health and safety. Those delegates undertaking breathing apparatus demonstrations must be clean shaven.

### Course Duration

1.5 days and will involve some physical exercise.

### Maximum Number

8 persons.

### Training Aids

Lecture notes and audio visual presentation.

### Assessment

Written assessment.

### Certification

On successful completion of the course candidates will receive a NETA certificate.

Please Note: NETA certificates have an advised expiry of 3 years from date of issue.

### Personal Protective Equipment

Equipment can vary from client to client and therefore delegates must bring their own breathing apparatus. Delegates will also need to bring their own PPE (Personal Protective Equipment) which should include safety helmet, overalls, work gloves, safety glasses and safety boots.

### Additional Information

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore if you have any concerns or wish to make a comment about the service please contact: [info@NETA.co.uk](mailto:info@NETA.co.uk)

## COURSE OBJECTIVES

At the end of the training course, delegates will have:

- An appreciation of the Confined Space Regulation 1997 and supporting ACOP L101
- A greater understanding of both employer and employee responsibilities
- An understanding of how to apply their new learning into their future work activities, via the personal risk assessment approach. Therefore significantly reducing potential injury to themselves and others.
- Familiarisation with Europod "A" frame and winch.

## COURSE SYLLABUS

- Health and Safety at Work Act
- Management of Health, Safety and Welfare Regulations
- Confined Space Regulations
- Examples of Confined Spaces and range of hazards
- Hazards of the space and of the work
- Need for risk assessment
- What to consider in risk assessments
- Precautions and derivation of safe system of work
- Permit to Work procedures
- Method statements
- Hazardous atmospheres
- Monitoring of gases
- Work equipment safety
- Emergencies and planning
- Review of planning and emergencies
- Rescue equipment
- Escape equipment
- Communication equipment
- Standby man duties
- Need for first aid and resuscitation training
- Practical appreciation of a confined space
- Use of tripod and harness for rescue
- Practical use of Breathing Apparatus (BA) with Contour / ModulAir equipment

- Review and discussion
- End of course assessment
- Conclusion

## TRAINING ONSITE

To deliver the Confined Space Awareness training onsite the following would apply.

Our instructor must see evidence that the following mandatory control measures are in place prior to any entry into any vessel under their supervision, namely:

- All entries will be performed under a valid permit to work system. The Risk Assessment and Safe System of Work shall take into account:
  - Full isolation from all physical and mechanical stored energy
  - Evidence of gas monitoring/testing prior to entry
  - Operatives entering with personal gas detectors
  - A safe means of access/egress via ladder
  - The supplied 'A Frame' suitable for the task, unobstructed by pipework etc.

As you will appreciate it is our intention to meet the expectations of our clients. However, due to the serious consequences of failure to apply safe working practices which may compromise the safety of the delegates and result in serious legal ramifications, if any of the criteria above is not met, unfortunately the practical element must be postponed until the necessary safety precautions can be introduced. In instances where the safety precautions are not met, practical elements will be omitted entirely.

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