

CISRS OPERATIVE TRAINING SCHEME (COTS)

COURSE CONTENT

This course must be completed by any person wishing to apply for their first CISRS Scaffolding Labourer or CISRS Trainee Scaffolder card (in addition to them passing their CITB Health, Safety & Environmental touch screen test).

AIM

The aim of the CISRS Operative Training Scheme (COTS) is to teach all new entrants and labourers the basics of the industry and how to keep safe when working with scaffolding and access solutions, whilst also making sure existing operatives are up to date.

Course Duration

1 day

Maximum Number

12 persons

Training Aids

Lecture notes and audio/visual presentation

Assessment

All delegates are required to sit a multi-choice test and achieve at least 80% in order to pass. Each candidate is only allowed 1 re-sit.

Pre-Requirement

Prior to the issue or renewal of CISRS cards it will be necessary to pass the CITB Health, Safety and Environment Test. For the purposes of card applications, the CITB Health, Safety & Environment Test will remain valid for a period of 2 years only.

If a further card application is made outside of this period, the applicant would be required to complete a further test. CISRS do accept some other industry recognised Health and Safety qualifications as an exemption to the CITB Health, Safety & Environment Test.

Those listed below **must be completed within 2 years of the date of application.**

- Completion of CISRS Recognised Scaffolding Apprenticeship Induction (Initial Trainee card only)
- IOSH Working Safely/IOSH Managing Safely/IOSH Directing Safely/SHE for Constructors Workers
- NEBOSH (General/Construction/International) H&S Certificate
- SMSTS Certificate
- SSSTS Certificate
- Site Safety Plus HAS

Current copies of the following qualifications will be accepted:

- Current CCNSG Safety Passport (SCATS)
- Current CCNSG Leading a Team Safely (SCATS)
- Current MIST/BOSIET/OPITO Approved Offshore Certificate
- SOLA Safe Pass

For these exemptions to apply, a copy of the relevant certificate must be provided at course booking stage.

Certification

On successful completion of the course candidates will receive a CISRS certificate. The certificate will be sent directly to the delegate or their sponsor company.

Please Note: NETA will apply for the relevant card on successful completion of the COTS course using the delegates Health, Safety and Environment Test or recognised exemption through the CWA system.

Equipment

Delegates must wear PPE (Personal Protective Equipment) during the practical aspects of the course. Delegates will be required to provide:

- Hard Hat
- Safety Boots
- Gloves
- High visibility vest or overalls (optional)

Refresher

CISRS Scaffolding Labourer cards are valid for 5 years. To be eligible for renewal the card holder must attend the COTS course as refresher training. CISRS Initial Trainee cards are valid for 18 months. To be eligible for renewal the card holder must successfully complete their CISRS Part 1 training.

PLEASE NOTE: Health, Safety & Environment tests are valid for 2 years from the pass date and therefore holding a valid CISRS card does not necessarily mean that your Health & Safety is still valid.

Additional Information

Meeting the needs and expectations of service users is of the highest priority to our staff. Therefore if you have any concerns or wish to make a comment about the service please contact: info@NETA.co.uk

COURSE OBJECTIVES

On successful completion of this course delegates will be able to:

- Understand of all relevant regulations and codes of practices and basic scaffold terminology
- Know their general responsibilities, health, welfare, hygiene and housekeeping, site safety, fire prevention and control
- Prevent accidents and report them
- Understand all tools, equipment and PPE needed while onsite including; servicing of equipment, tube fittings, boards and stock quality control

COURSE SYLLABUS

- Relevant Regulations and Codes of Practices
- General responsibilities
- Basic scaffold terminology
- Servicing of equipment, tube, fittings, boards and stock quality control
- Health, welfare, hygiene & housekeeping
- Electrical safety
- Fire prevention and control
- Noise and vibration
- Work at height
- Accident prevention and reporting
- Personal Protective Equipment (PPE)
- Site transport safety (inc. loading & unloading)
- Equipment and tools
- Manual handling (inc. practical element)
- Lifting equipment using rope & wheel