AREERS HUB VEWSLETTER



Welcome to the latest issue of your termly careers newsletter which is aimed at giving you the information and contact details you need to help support your young person on to the next step towards the career of their dreams!



Introduction

As the academic year begins to draw to a close, this issue is all about next steps and where to seek help to support your young person over the summer, whatever their next steps might be.

As always, any questions or support you need regrading Careers Education – please email via careers@stockton.ac.uk.

Assessment Time

Some learners/apprentices are now reaching the end of their journey with us, with plans to go into employment, off to university, or something else such as a new apprenticeeship, and some learners are having mid-point assessments before being able to continue onto a second, or event third, year with us whichever category your young person falls into, this is a crucial period for them and I wanted to offer some advice and guidance about how you can support them at this time:

- **Balanced** nutrition
- Support positive sleep routine
- Help them study and take a flexible approach to life
- Talk about exam nerves and pressures of assessments
- Encourage exercise during assessment blocks

Always remember, whatever the outcome - our friendly careers team, student support staff and tutors are here for you both!

Returning Learners - Plans

We have had conversations with all of our learners over the recent weeks about their intentions to return to study at NETA for another year, I wanted to advise you of the next steps:

- Your son/daughter's place at NETA for next year is confirmed and secure. While our Students are enjoying a well-deserved Summer break, we will be working hard to create new timetables, lesson plans and enrichment activities so that when we return in September, we are ready to hit the ground
- Over the Summer, your son/daughter will need to update their details for the new year, this is called re-enrolment, and they will be contacted about this with a 'Welcome Back' letter in early August – they can choose to complete this online from home or by popping into NETA on a date which will be provided in their letter.
- Finally, all students will need to come into NETA to collect identification badges, bus passes and meet with their tutor before induction and lessons officially start in September again the date and time for this will be provided in the followup letter.

Careers Over the Summer

With so many university students travelling home for the Summer, we will see an increase in part time job availability, not to mention seasonal work at café's, parks and places of interest- now is a great time to secure a short-term employment position to get some experience, have something extra to add to the CV and to earn a bit of money.

Please do encourage your young person to enquire about part time employment and, of course, if they need any support with the creation of a CV or any applications processes, then the careers officers are a great starting point.

Signposting to Resources – Tees Valley Careers

In this term's signposting feature, I am pointing you towards the 'Job Sectors' segment of the Tees Valley Careers website.

This is a great resource for when having conversations about where your young person sees themselves in a career. It showcases lots of different job sectors, the roles available within and the salaries they attract. A great place to start any careers conversation. https://www.teesvalleycareers.com/parents/career-pathways/

Careers Contact

Over the Summer, NETA will remain open and there will be someone on hand at all times to discuss any careers related questions you may have, simply call

